

CRISIS RESOURCES for GUARDIANS and STUDENTS

CCLCS guardians and students are encouraged to seek help when needed, especially when school is not in session. Below you will find a list of local and national resources that may be helpful during extreme times of need and/or crisis. **Please call 911 in any emergency situation.**

- For emergency mental health support, call 911 and request a Crisis Intervention Trained (CIT) response or go to the closest emergency room for support
- Text “Hello” or “Home” to 741741 to talk to a crisis counselor
- Call the National Suicide Prevention Lifeline at 988 or access the online chat at <https://988lifeline.org>
- The Trevor Lifeline offers LGBTQI+ Crisis Support
<https://www.thetrevorproject.org/get-helphttps://www.masshelpline.com>
- Fact Sheets: Behavioral Health
<https://www.mass.gov/info-details/fact-sheets-behavioral-health-roadmap>
- Bay Cove Human Services
<https://www.baycovehumanservices.org/>