



Cape Cod Lighthouse Charter School
195 Route 137, E.Harwich, MA 02645
phone: 774-408-7994

FOOD MODIFICATION REQUEST

Student's Name:

Parent/Guardian's Name:

CCLCS is committed to providing students with healthy, nutritious meals each day so they can focus on school work. During the 2022/2023 School Year, all school lunches will be provided by Subway. All nutritional information and ingredients lists can be found online or can be accessed by contacting Hannah Kast (hkast@cclcs.info)

If your student necessitates a modification to one or more of our school lunch menu items please complete the following. A written note from a doctor confirming the allergy or medical need must accompany this request.

- 1) Describe the allergy or medical need:

- 2) Food(s) to omit:

- 3) Menu items that require modification:

Modifications are required by The United States Department of Agriculture (USDA) to accommodate a disability. Under Section 504, the ADA, and Departmental Regulations of 7 CFR part 15b define a person with disability as any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such impairment, or is regarded as having such an impairment. "Major life activities" are broadly defined and include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. "Major life activities" also include operation of a major bodily function, including but not limited to, functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions.