

[LINK](#) to Choice Form

Teacher(s)

**All I Really Need to Know I Learned in Kindergarten****Ms. Strakele**

In this seminar we will look at Robert Fulghum's book, "All I Really Need to Know I Learned in Kindergarten." In doing this, we will go back to Kindergarten. We will discuss the rules that we learned and how they continue to affect us today. We will complete Kindergarten lessons and look at them with middle school eyes. By the end of the seminar we will decide if we really did learn everything we needed to know in Kindergarten or if we need to add to the author's credo.

**Archaeologists in Training: The Big Anchor Project****Ms. Garran**

If you fancy yourself the next Indiana Jones, come join the Big Anchor Project (<https://biganchorproject.com/>)! We will be conducting actual archaeological research on a big anchor donated to the Cape Cod Museum of Natural History and submitting it to an international database. You will get a chance to work with real archaeologists and learn all about conservation and preservation techniques.

**Backgammon and Other Games of Chance and Strategy****Ms. Schwartz**

Join us for the opportunity to explore the ancient game of backgammon! It's a wonderful mix of luck and strategy, and a great metaphor for life itself. While the focus will be on backgammon (play strategy and cultural history), you will have the opportunity to explore other games that combine chance and strategy, and maybe even invent your own!

**Book Buddies****Senora H**

Do you like reading? Do you like little kids? Would you like to read to some pre-school children and become their "book buddy"? You can, every Friday, if you join this seminar! Once a week, we will take one of our CCLCS vans over to The Salt Box School, which is the pre-school connected to The Family School in Brewster, and share our love for picture books with the children there. We will also make a short trip each week to The Brewster Ladies' Library to take out the books that we will be reading. It is helpful if you have a CLAMs library card already, but if you do not, an opportunity will be given to you to obtain one. As they sing on the Arthur tv show: "Having fun isn't hard, when you've got a library card!" And when you sign up to be a Book Buddy, you'll help foster a lifelong love for reading in a small child. Double the fun!!

**Cape Escape****Ms. Nowack**

Cape Cod is one of the most popular summer vacation destinations on the east coast, but it is also one of the most expensive to visit. Often, those who live here can take this beautiful place we call home for granted. From the gorgeous shore lines, to free/reduced museums for students, to local businesses, there is so much more to our home than a price tag. Each week of this seminar, we will explore some of the free and low-cost options Cape Cod has to offer. Student suggestions and input for places to visit is greatly encouraged!! Students may wish to bring optional pocket money on some to be determined Fridays to purchase local goods.

**Chess****Mr. Novak**

Chess is sometimes called "The Game of Kings." In this seminar, you will defend your king in epic battles! Chess is unique among games. Chess can be serious and brainy, or ridiculous and loud. It can be relaxing and friendly or incredibly tense and competitive. It is sometimes straightforward, while other times, it is a fiendishly difficult puzzle. We will immerse ourselves in the world of chess – using chess clocks, recording our games using algebraic notation, solving puzzles, and examining the history and famous players of chess. We will learn to identify tactics and strategies, openings and endgames, opportunities and traps. Learn how and where to find online resources, including ways to get a rating to measure your skill against others, locations of puzzles, famous games, books of openings established online chess sites, and an assortment of software. We will examine variations of chess, such as speed chess (Blitz), and the fast and exciting multiplayer variant known as Bughouse. Be brave, young warrior. Protect an entire kingdom from the comfort of your chair!

**Disc Golf: Design, Build, Play****Mr. Stewart**

Do you love playing Frisbee but wish your play could be more 'targeted'? Do you love playing golf but hate lugging around a bag of clubs? Do you love fun contractions like 'FROLF'? If you answered 'Yes!' you should sign up for the first ever CCLCS Disc Golf seminar. Students in the seminar will be responsible for design and construction of a small disc golf course here on campus. Everything from mapping out the holes to designing the targets to determining pars will be done by the kids- and we will all get an opportunity to be the first to play once the course is done. If you've never played disc golf (think golf, but with Frisbees) or you're a seasoned pro we'd love to have you join us. LIMIT: 12 students

**Escape CCLCS****Ms. O'Leary**

Do you enjoy solving puzzles and challenging riddles? Do you thrive on working with a group to seek out clues and hunt for answers? If so, sign up for the 'Escape Room CCLCS Style' seminar! During our time together, we will work through escape rooms both in person and online, and we will create our very own escape room for other students to enjoy! We may even be able to go to one of the Escape Rooms on Cape Cod and test our skills! Come Escape with us!

**Event Planning & Fun Fundraising****Ms. Ryan & Ms. Berner**

According to the Bureau of Labor and Statistics, the "employment of meeting, convention, and event planners is projected to grow 18 percent from 2021 to 2031, much faster than the average for all occupations." ([www.bls.gov](http://www.bls.gov)) Are you the next great event and party planner? Do you love to plan parties with friends, holiday events for families and other get-togethers? Are you always dreaming up ways to have the best school dances and fun events here at CCLCS? If so, get your party hats on and bring your ideas to plan events and fundraisers for our school! Participants should be creative, detail oriented, excellent organizational and time management skills in order to create, plan, organize and execute real events that will happen for our school!

**Field Hockey****Ms. Haven & Ms. Quenneville**

Have you ever wanted to learn to play field hockey? Maybe you have played before or even been on a team. Either way, this is the seminar for you! We will learn and practice skills, do drills, watch game clips, and scrimmage. You will need a field hockey stick (but we have extras!), sneakers or cleats, a mouth guard, and shin guards to participate. See you on the field!

**Fitfuel Warriors****Mr. St. Martin & Ms. Booras**

In this seminar we will explore nutrition and the impact of ingredients commonly found in the snack/ drinks we consume. There is also an intense physical workout that is part of this seminar. You don't have to be an athlete to participate in this seminar, but must be committed to being your best self, follow directions, and persevere through the challenges that we present to you. For every seminar day you will need sneakers, clothes you can workout in, a water bottle, and a positive attitude.

**Golf****Mr. Bates**

Golf is a sport that can be played for your whole life. Learning the basics and fundamentals at a young age is proven to make people better golfers. Join Mr. Bates at Cranberry Valley and Captains course to learn and practice the basics of how to putt, hit irons, and drive the ball over 200 yards. All aspects of the game will be taught including the rules and etiquette needed to succeed on the golf course. The seminar will conclude with a real match in the last session. PARENT DRIVERS ARE NEEDED. *Email seminar coordinator Ms. Kast (hkast@cclcs.info) if you can volunteer to drive ASAP*

**Hiking the Cape****Senorita Smith**

Do you like walking and being out in nature? Do you like exploring new paths and seeing new scenery? In this seminar we will hike some of the Cape's most well known and fun trails. Each hike is roughly 1 - 2 miles. Bring your sneakers, wear comfortable clothes, and get ready to check out some new places by foot! (Note: On bad weather days we will stay indoors and watch a movie.)

**Just Draw****Mrs. Greenwood**

Have fun drawing from your imagination and observation while you learn how to express your creativity using pen & ink, pastel, charcoal, graphite pencils, markers and watercolor. We will draw inspiration from favorite artists as we sketch a variety of subjects including still-life, landscape and portraits using various shading techniques and drawing materials.

**Roots & Shoots: Garden Edition****Ms. Remillard**

Gardeners needed! It's time to get planting in the school garden. Serve your community by preparing garden beds, writing appeal letters for seeds, and deciding what we will plant this year. Do we want flowers, vegetables from around the world, a garden full of cabbage? Work together to choose this year's crops, then get busy planting, in Roots and Shoots: Garden Edition.

**Set Painting****Mr. Girardin**

Help make our variety show a success! This seminar will create a very large scale painting for our backdrops, followed by other fun, large works of art. Lots of fun!

**Spring Birding****Mr. Crowell**

Your ears do not deceive you, the birds truly are getting restless. Spring is here, and the many species which come to Cape Cod are on their way. You can literally see new birds everyday during the spring. Birding is one of the best ways to get outside and learn about your environment. Many people who try it enjoy it for a lifetime. We will keep track of what we see and have weekly and seminar-long challenges and competitions. Birding is a great way to impress your friends, amaze your parents, and get away from the computer.

**Sticker Create****Ms. Z**

Have you been searching or looking for the perfect sticker but can't seem to find the right one? Look no longer... in this seminar you will be creating your own stickers. By the end of this seminar I would like each student to have an envelope filled with the stickers they created. In this seminar we will be creating while having conversation and snacks. Parents- Please send in **\$20**, this money is being used to cover the cost of materials, snacks, and the fee for shipping custom made stickers. Thank you!

**Tennis 101****Coach Paul**

Six weeks of fun tennis in Harwich, learning the basics and playing the game of tennis. You will learn to hit properly, keep score, and have fun. Equipment will be provided by Coach Paul or bring your own racquet. Sneakers are a must. The tennis court is 10 minutes away from CCLCS, PARENT DRIVERS ARE NEEDED. **Email Ms. Kast (hkast@cclcs.info) if you can volunteer to drive ASAP**

**Upcycled Art****Ms. GP**

Turn magazines and catalogs into jewelry, egg cartons into flowers, tomato containers into bookmarks - essentially turning trash into treasures. In this seminar we will upcycle old, unwanted, discard-able things- creating new and wonderful things! We will look at new trends in recycling, recycling methods and help our school community create less waste.

**Yearbook****Mr. Crash**

Memory Making! Come be an integral part of making memories last here at CCLCS! Each year, the school publishes a bound yearbook that captures and highlights some of the amazing experiences our students had during the school year. We will be taking photos, making collages, and creating the book while walking down memory lane. Let's help our school community to view and remember the 22/23 school year for years to come!