

Welcome to the CCLCS Girls' Empowerment Camp, Summer 2019!

Each Monday, we will focus on a theme that exemplifies the core values of the program:

- ★ Creativity
- ★ Self-Expression
- ★ Exploration
- ★ Celebration of Individuality
- ★ Friendship

Mermaid Mondays will run 9am-3pm from July 8th- August 12th on **Mondays only**. Pick up & drop off location is in the Art Studio each day.

Please Note: there is **not** an early drop off option during summer camp, and campers should not be dropped off unattended before 9am



WHAT CAMPERS SHOULD BRING DAILY

- Packed lunch • Water bottle • Comfortable walking footwear • Sunscreen • Bathing suit/ towel • Weather appropriate clothing •

OPTIONAL GEAR

- Sunglasses • Hat • Bug spray • Beach gear •
- Students are responsible for carrying & keeping track of their own belongings*

~ REMINDER WE ARE A NUT-FREE SCHOOL ~
ALL SNACKS & LUNCHES MAY NOT CONTAIN PEANUTS OR TREE NUTS FOR THE SAFETY OF ALL CAMPERS



Please feel free to contact Ms. Emily with any questions concerning Mermaid Mondays:

Emily Nowack:

Email: enowack@cclcs.info

Phone: 774-722-4097

→ CANCELLATION POLICY ←

Parents *must* notify Ms. Emily at least *one week* prior to a missed day of camp to receive a full refund for the missed day. We budget activities based on assumed attendance. No-shows and/or failure to pay affects the experience of other campers.

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. The operator shall inform parents at the time application forms are provided that they may request copies of background checks, health care, and discipline policies, as well as procedures for filing grievances

Mermaid Mondays 2019



CCLCS Girls' Empowerment Camp 2019



Cape Cod Lighthouse Charter School
195 Route 137, East Harwich, MA

Each Monday of camp is designed to embody the core values of the program, and to foster friendship and empowerment among all campers.

Examples of past activities include:

Self-Care: Health and beauty from the inside out. Example activities include beach yoga, facials, and making your own spa products.

Mighty Girl Art: Projects and activities may include art gallery tours, tie-dye shirts, rock art, and jewelry making.

How Does Your Garden Grow: Projects and activities may include garden walks, visits to local farms, and planting your own mini-gardens.

Back To Nature: Projects and activities may include hiking, bird watching, and nature art.

Sporty Girls: Activities may include paddle boarding, mini-golf, biking, and laser tag.

Trendy Tourists: Experience what Cape Cod has to offer from the eyes of a visitor! Activities may include seal tours, scavenger hunts, and visiting landmarks that are often overlooked by year-round residents.



~Eligibility~

Mermaid Mondays are open to current female CCLCS students, as well as students who identify as female. This includes incoming 6, 7 & 8th grade girls, as well as outgoing 8th grade ladies.

Tuition is \$60 per day
 ~ Lunch is *not* included ~
Space is limited!

Please return the adjacent form with a 50% deposit no later than June 21st to reserve a space in camp. The remaining 50% balance must be paid on the first day of attendance. Checks can be made payable to CCLCS, "Girl's Camp" in memo line.



~ Scholarships ~

We are committed to making summer programming accessible to all students. Scholarships to help defray the cost of enrollment are available to students who qualify. Please inquire with Ms. Emily directly via email with any financial need-based questions.

~ Please fill out & return this form with 50% deposit ~

Student: _____

Guardian: _____

Emergency Contact Info:

Phone: _____

Email: _____

Allergies: (if yes, explain in "misc")

YES

NO

Swimming Skill Level: (circle one)

None

Limited

Proficient

Excellent

Misc. Camper Info:

Please circle day(s) you wish to attend:

July 8
July 15
July 22
July 29
August 5
August 12

