

[LINK](#) to Choice Form

Choices must be submitted by 8am on Friday, October 17th. Seminars may be full and close after this time.

Teacher(s)

64 Square Symphony (Chess)

Mr. Novak

Play chess, and more – discuss the long and storied history of chess, including its famous personalities, from the “raised to be genius” Polgar sisters and other women of chess, to Fischer and Kasparov, to the current world champion Magnus Carlsen. We will discuss the role of computers in chess, and how computers have managed to become formidable challengers through algorithmic approaches to piece value and positional value. Students will learn how to use a chess clock, read and record algebraic notation and standard notation, and enjoy chess variants, like the fast-paced multiplayer version of chess called Bughouse. Note: Students will be required to create an account on the website <http://lichess.org/signup> You may be asked to solve a chess puzzle as a CAPTCHA.

Board Builders

Ms. Wilkinson

In this seminar, students will take on the creative responsibility of designing and decorating the school’s bulletin boards for the year. We can even add to the televised announcements on the office TV. We will plan layouts, choose themes, and use colors, images, and text to share important school news, celebrate student achievements, highlight relevant topics, and cover seasonal events. Let’s transform the bulletin boards into exciting, eye-catching spaces!

Bud Vases: Let’s Clay Together

Ms. Johnson

Get ready to roll up your sleeves and get creative! In this Seminar, we’ll make bud vases using the slab technique, shaping flat pieces of clay into unique, one-of-a-kind vases. You’ll learn how to join, carve, and decorate your clay to create a vase that’s totally yours!

Butterfly Project Mural

Ms. GP

In this seminar, students will create hanging butterflies from those fired already from past seventh grade classes. Those butterflies will be hung from the tree outside Mrs. GP’s seventh grade classroom. Students will also help design and make a large butterfly that will hang on the wall outside the school near the tree. The Butterfly Project aims to have people around the world create butterflies to commemorate the 1.5 million children who were murdered during the Holocaust. CCLCS has participated in this work for many years. Students in this seminar will continue the ongoing work of making murals around the school that make sure those children are never forgotten.

Cornhole Carpentry

Mr. Stewart

Design, plan, purchase materials and construct your own set of cornhole boards! Learn the proper use of power tools like sanders, jigsaws, drills and drivers. Keep your set or donate it to our CCLCS Fundraising auction. **\$50 materials fee.**

Counting Your Way Through Cards

Mr. Mason

The world of numbers goes well beyond just math class. Become one of the fancy shufflers and impress your opponents. Come on down to play old traditional card games. Let’s do some card counting in HEARTS. Grouping cards to score 15’s in CRIBBAGE. Some trick taking in EUCHRE or dodging the trumps in SPADES.

Ghost Hunting On Cape Cod	Mr. Bates
Join Mr. Bates for a thrilling and spooky seminar class where CCLCS students will become junior ghost hunters on Cape Cod! Students will explore the region's haunted history, learn about local legends, and dive into the tools and techniques used by real-life paranormal investigators. We'll cover ghost-hunting equipment, debunk myths, and practice safe, respectful exploration of potentially haunted sites. With storytelling, critical thinking, and a dash of the supernatural, this class promises a fun and educational adventure into the mysterious side of Cape Cod!	
Girl Power	Ms. Berner
What does the expression "Like a Girl" really mean? In the Girl Power Seminar, we will explore this topic, as well as many other issues middle school girls face everyday. Girl Power is the ultimate girls group. In this seminar you'll have the opportunity to talk with peers about things like managing social situations, peer conflict, sources of stress, as well as discover your strengths. We'll talk about the role media plays in our perception of what women should look like, and we'll decide how to define what "Like a Girl" should mean. If you're interested in making new friends and finding out how you can make a difference join us in Girl Power!	
Puzzles	Mr. Roberts
Love a challenge? Want to conquer those epic jigsaw puzzles that gather dust? Join our group of passionate puzzlers! We tackle giant landscapes, intricate works of art, and everything in between. It's a fun, social activity that's guaranteed to put your teamwork and problem-solving skills to the test!	
Robotics	Mr. Crowell
• Explore the fundamentals of robotics: design, mechanics, and programming. • Build and program robots using sensors, motors, and coding logic. • Collaborate to solve engineering challenges involving movement, control systems, and automation. • Learn basic circuitry, mechanical systems, and block-based or text-based programming (e.g., Scratch or Python). • Final project: Design, build, and program a robot to complete a real-world-inspired challenge. • Emphasis on creativity, problem-solving, and practical STEM applications.	
School Musical: Annie	Ms. Anziano & Mr. Girardin
Calling all actors, singers, dancers, and/or musical enthusiasts: join the cast of Annie Jr! All students are welcome to join this seminar- no prior theater experience required. Former cast members are highly encouraged to return to the stage. PLEASE NOTE: The school musical is a TWO seminar session commitment! By signing up, you are agreeing to participate in both T1 + T2 seminars, and are committed to being present for evening musical performances outside of school hours on March 20th + 21st, 2026.	
School Newspaper	Ms. Joseph
Extra! Extra! Read all about it! Join this seminar to be a part of the CCLCS Beacon, the school newspaper! We'll learn about various aspects of a newspaper publication from writing articles to layout and design. This edition will include the news, human interest stories, sports, book and movie reviews, comics, club updates, advice columns and more!	

School of Rock**Senora Hemeon-McMahon**

When you listen to your favorite songs, do you pay close attention to the lyrics? You should, because more often than not, there is a lot to learn from them! In "School of Rock," we will be listening to a lot of songs via YouTube videos, and learning about a lot of different subjects through them: History, Current Events, Books, Science, Art, World Languages – you name the subject, and it is guaranteed to show up in a song. Also in this seminar students will put together their own playlists of songs with which to "school" the listening audience of Cape Cod's community radio station, WOMR. At the end of the seminar, all will be invited to travel in a CCLCS van down to Provincetown to go on air during the Saturday morning "Outermost Teen" radio show (participation optional). So come join us at the School of Rock. Rock On!

Skating**Ms. O'Leary & Ms. Metz**

Come enjoy the rink and skate with friends! We will be headed to Charles Moore Arena in Orleans to skate every Friday. Learn how to skate, help teach a friend how to skate, or improve your current skating abilities. ***There will be a \$45 fee associated with this seminar and this seminar is limited in space due to van usage.***

Sports, Motivational & Inspirational Cinema**Mr. Rose**

In this Fall Seminar we will dive into some of the most inspirational/ motivational sports movies and documentaries of the 21st century!

Sweden 101**Ms. Crema & Ms. Hinze**

Are you curious about life in other countries? Do you love learning about new cultures, traditions, and foods? Join us for an exciting seminar all about Sweden, a country known for its stunning landscapes, unique traditions, and fascinating way of life! In this seminar, we will take a closer look at the customs and celebrations that make Sweden special. You'll learn about Swedish holidays, explore Swedish sports—like ice hockey, cross-country skiing, and floorball—that keep people active all year long. And of course, no cultural journey would be complete without food! We'll talk about traditional dishes like meatballs, cinnamon buns, and Swedish pancakes, and even discover why fika (a coffee and snack break) is such an important part of daily life. This seminar is perfect for students who love exploring new cultures, enjoy trying new things, or have a personal connection to Sweden. By the end, you'll come away with a deeper understanding of Swedish traditions and a greater appreciation for the richness of global cultures.

Teachers in Training**Ms. Sims**

Do you enjoy spending time with younger kids? Do you enjoy being a helper? Do you have any experience working with younger kids in a camp, sports group, another community group, or even within your family? Have you ever considered being a teacher? If you answered "yes" to any of the previous questions, you may enjoy Teachers in Training! We will partner with first grade students and their teachers at the Laurel School and join them each week for their Friday afternoon activities. We may get to help students with projects in their classroom, participate in specialist classes with them, and help with some all-school activities. We will travel over to the Laurel School each week for a new adventure! Bring an open mind and a positive attitude to learn, have fun with, and be a role model for elementary school buddies! This seminar is limited in space.

The Calm Crew**Ms. Mason**

Learn how to feel calm, focused, and happy using simple mindfulness and meditation exercises. We'll try fun movement activities, practice paying attention to our bodies, and write in our journals to explore our thoughts and feelings. You'll also discover how to eat mindfully and get better sleep. We'll come together for a meaningful activity that helps us reflect on everything we've learned bringing mindfulness into our everyday lives.

Woodsy Walks, Forest Forts & Outdoor Cooking**Ms. Haven**

Do you enjoy the outdoors? This seminar is for you! We will get to know each other during a woodsy walk seminar session, followed by a forest fort building session to practice teamwork. Pending wind, weather, and group dynamics, future seminars may include outdoor cooking. It's time to bring your outdoor enthusiasm to this CCLCS seminar!

Zentangles**Ms. Quenneville**

Want a relaxing way to unwind at the end of the week? The Zentangle Method is "an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns." In this seminar students will create pieces of art using different tangles. During each class, students will be introduced to new tangles and projects. Join us to explore a way of drawing that helps promote creativity, focus and calm!