

[LINK](#) to Choice Form

Choices must be submitted by 8am on Friday, April 17th. Seminars may be full and close after this time.

Teacher(s)

### **Boater Safety Class**

**Ms. Berner**

The Chatham Floatilla (Coast Guard Aux) will be teaching the Boater Safety Class (now required to operate a motorized vessel) during our term 3 seminar for interested students age 12 and up. Anyone taking the class must be registered by May 1st. (this is a state requirement). Students will learn about boating safety, rules on the waterways, and emergency procedures "to ensure safe watercraft operation". This class will take place in the classroom and not on the water. Students who pass their exam the last day will leave with their Boater Safety Card. This seminar has a \$50 fee paid directly to the Coastguard.

### **Chess**

**Mr. Novak**

Play chess, and more – discuss the long and storied history of chess, including its famous personalities, from the “raised to be genius” Polgar sisters and other women of chess, to Fisher and Kasparov, to the current world champion Magnus Carlsen. We will discuss the role of computers in chess, and how computers have managed to become formidable challengers through algorithmic approaches to piece value and positional value. Students will learn how to use a chess clock, read and record algebraic notation and standard notation, and enjoy chess variants, like the fast-paced multiplayer version of chess called Bughouse. Note: Students MUST create an account on the website <http://lichess.org/signup>. You may be asked to solve a chess puzzle as a CAPTCHA. If you need help signing up, please contact Mr. Novak.

### **Create Your Own Podcast**

**Ms. Hutton**

Have you ever wondered what goes into creating a podcast? Maybe you have always dreamed of creating your own, hearing your voice on the radio! Come join the Podcast seminar and discover what goes into creating a podcast, create a script, and record your very own show!

### **Design In the Real World**

**Ms. Johnson**

Students will collaborate with the head librarian at the Centerville Public Library on a real-world design project. CCLCS has been invited to update the signage in the Young Adult section of the library. During their onsite visit, students will learn about the collection and how the space is used, then begin sketching and developing ideas for new signage. Students will return to the library to deliver their finished pieces.

### **Exploring Cape Cod**

**Ms. Anziano**

Cape Cod is one of the most popular summer vacation destinations on the east coast, but it is also one of the most expensive. Sometimes, those who live here year round take this place we call home for granted. From the gorgeous shore lines, to free/reduced museums for students, to local businesses, there is so much more to our home than a price tag. Each week, we will explore free and low-cost activities, or meet with seasonal business owners to learn about what it's like to live and work on this sandbar we call home. Some businesses will have employment opportunities for 8th graders looking for their first jobs! Students may wish to bring optional spending money on some to be determined Fridays to purchase local goods!

**Field Hockey****Ms. Haven**

Have you ever wanted to learn to play field hockey? Maybe you have played before or even been on a team. Either way, this is the seminar for you! We will learn and practice skills, do drills, watch game clips, and scrimmage. You will need a field hockey stick (but we have extras!), sneakers or cleats, a mouth guard, and shin guards to participate. 8th grade offense and defense players will be helping coach 6th and 7th graders, along with Coaches Haven and Doherty. See you on the field, and hopefully on our fall '26 field hockey team!!

**Flag Football****Mr. Rose & Ms. Maxwell**

This will be our 2nd Flag Football Spring Seminar Season!!

- Combine, Drills & Skills
- 2 Games per week
- Playoffs & Champions crowned
- Reflections each week

**Garden Crafts****Ms. Joseph**

Do you love to create? Come design your own indoor garden pots and learn to grow some foliage! We will design small garden pots and plant some greenery that you can take home or gift to friends. There will be a materials fee of \$20.

**Get Outside and Read****Ms. Crema**

Get ready to step beyond the classroom and into a story of your own making! In Get Outside and Read, you will bring your favorite book and explore the beauty of our campus while diving into its pages. We'll find peaceful, nature-filled spots that awaken your senses and make every chapter feel even more alive. Pack a blanket or a beach chair, find your perfect reading spot, and let the world around you become part of the adventure.

**Just Write****Ms. Graham- Pye**

Do you wish you had more time to write your own story? Do you need more time to develop a plot, a cast of characters, an ending to an almost finished story? Do you want to just write? Well this is just the right seminar for you. In this seminar, students will start each class with a short writing prompt aimed at developing certain writing skills. Those brief writing exercises will be shared and discussed so we can all learn from one another. When we're done with that little warm up each week, students will be given time to work on independent writing projects - this could be long fiction, short stories, poetry, or a graphic novel. At the end of the seminar we will have a shared reading with some snacks to celebrate our accomplishments.

**Kindness Rocks****Ms. Metz & Ms. Woelflein**

One message at just the right moment can change someone's entire day, outlook, life. Come be a part of the Kindness Rocks Movement. We will walk the trails around CCLCS and search for the perfect canvas (rocks) to paint with heartfelt and kind messages of encouragement. The purpose of the "Kindness Rocks" movement is to cultivate connections with communities and lift others up through simple acts of kindness and compassion. Help spread our Lightkeeper Light!

**Meal Masters: Shop, Chop & Cook!****Ms. Mason**

Want to learn how to plan your own meals, shop like a pro, and make delicious food? In this fun, hands-on 6-week seminar, you'll learn how to take control of what's on your plate!

You'll learn how to:

Build a weekly meal plan

Create budget-friendly meals

Design shopping lists

Prep simple, tasty meals and snacks

Plus, we'll take a special trip to Family Table Collaborative of Cape Cod to see how a real community kitchen works...together we can make a difference! Get ready to plan it, shop it, chop it and cook it! 🍴🌟

**Mountain Biking & Trail Maintenance****Mr. Stewart**

Students in the "Mountain Biking and Trail Maintenance" seminar will spend their class time in the woods- riding mountain bikes and working to maintain local hiking and biking trails in neighboring Hawksnest State Park. In addition, we hope to create a small loop of trail in our own backyard to allow for some on-campus biking adventures. A mountain bike in good working order and a bike helmet are required for this seminar. Hand tools for pruning, sawing, and land clearing will be provided by the school thanks to the donors to this fundraiser:

[www.donorschoose.org/project/trail-maintenance-tools-for-biking-hik/10179280/](http://www.donorschoose.org/project/trail-maintenance-tools-for-biking-hik/10179280/)

**Paint By Number****Ms. Maxwell**

Ever wondered if you can color within the lines? Take this relaxing seminar where we will explore the art of paint by numbers, creating intricate masterpieces while flexing our fine motor muscles. For the first class, you will choose the project you want to paint. There will be a materials fee of \$20.

**Playground Games****Mr. Roberts**

Want to play outside, and improve your cooperation and leadership skills? Playground games may be for you! Playground games isn't just running around and playing recess games. In this seminar, students will take turns leading the class through their favorite outdoor activities such as gaga, ultimate tag, soccer and more. Each student will be required to lead a half hour activity - from coming up with, and explaining the rules, gathering the appropriate equipment and facilitating the activity. When you're not leading the game, you will be honing your cooperation, teammate and athletic skills by participating in the activities in a positive and active way. Let's play!

**Rugby 101****Mr. Mason**

Scrum, Ruck, Maul, Lineout, Try and Knock-On. What do all of these things have in common? RUGBY. Let's learn about rugby together. We will cover the rules of the game, how to pass, kick and score on the pitch. We will also learn one of the world's most famous rugby chants, the HAKA! Join me for some fun and excitement.

**Serve Up Some Fun: Volleyball****Ms. O'Leary**

Get ready to learn the game of volleyball in a fun and supportive environment! This Seminar will focus on building the fundamentals (passing, setting, serving) AND teamwork (grow their confidence and make new friends). Whether you're brand new or have played before, this is your opportunity to practice, improve, and enjoy the game! Come ready to have fun, stay active, and make new friends along the way! This Seminar will use the gym at the 204 in Harwich.

**Spring Birding****Mr. Crowell**

Spring birding for middle school. Over several sessions we'll visit local wetlands, beaches, and nearby green spaces to quietly observe migrating and resident birds. Students will practice respectful observation—using binoculars and field guides to note shape, size, color patterns, and calls—and record sightings on simple data sheets. Activities include guided observation walks, a beach birdwatch, and a wetland species scavenger walk. No prior experience required—bring comfortable shoes and weather-appropriate clothing.

**The Study & Classification of Fresh Water Invertebrates****Mr. Bates**

Studying freshwater Cape Cod invertebrates is a hands-on adventure that blends careful observation with outdoor exploration, where days begin peering through microscopes at delicate, translucent creatures—tiny crustaceans, insect larvae, and wriggling worms—revealing intricate details invisible to the naked eye. Each slide becomes a miniature world, full of movement and surprising complexity, deepening curiosity about how these organisms live and interact. Then, stepping out into the field, the experience shifts to pond-side discovery, wading through cool, shallow waters with nets and jars, collecting samples amid reeds and lily pads, and feeling the quiet excitement of uncovering hidden life. These pond adventures turn scientific study into something vivid and memorable, connecting the microscopic wonders seen in the lab with the vibrant ecosystems thriving just beneath the water's surface.